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FIRST TERM SCHEME OF LEARNING, 2023

SUBJECT: PHYSICAL EDUCATION - Basic 7

WEEK	WEEK ENDING	STRAND	SUB STRAND	CONTENT STANDARD	INDICATORS	RESOURCES
1	13-01-2023	Health Education	Nutrition and Physical activity.	B7.1.1.1	B7.1.1.1.1	Food stuffs, Pictures, Video, Chart.
2	20-01-2023	Health Education	Nutrition and Physical activity.	B7.1.1.1	B7.1.1.1.1	Food stuffs, Pictures, Video, Chart.
3	27-01-2023	Health Education	Nutrition and Physical activity.	B7.1.1.1	B7.1.1.1.1	Food stuffs, Pictures, Video, Chart.
4	03-02-2023	Health Education	Nutrition and Physical activity.	B7.1.1.1	B7.1.1.1.2	Food stuffs, Pictures, Video, Chart.
5	10-02-2023	Health Education	Nutrition and Physical activity.	B7.1.1.1	B7.1.1.1.2	Food stuffs, Pictures, Video, Chart.
6	17-02-2023	Health Education	Nutrition and Physical activity.	B7.1.1.1	B7.1.1.1.2	Food stuffs, Pictures, Video, Chart.
7	24-02-2023	Health Education	Disease Prevention and Management	B7.1.2.1	B7.1.2.1.1	Posters, Pictures, Video.
8	03-03-2023	Health Education	Disease Prevention and Management	B7.1.2.1	B7.1.2.1.1	Posters, Pictures, Video.
9	10-03-2023	Health Education	First aid, injury prevention and management	B7.1.3.1	B7.1.3.1.1	Pictures, Video, Posters, First Aid box.
10	17-03-2023	Health Education	First aid, injury prevention and management	B7.1.3.1	B7.1.3.1.2	Pictures, Video, Posters, First Aid box.
11	24-03-2023	Health Education	First aid, injury prevention and management	B7.1.3.1	B7.1.3.1.1	Pictures, Video, Posters, First Aid box.
12	31-03-2023	Health Education	First aid, injury prevention and management	B7.1.3.1	B7.1.3.1.2	Pictures, Video, Posters, First Aid box.
13	07-04-2023	REVISION				
14	14-04-2023	EXAMINATION				